

# I'm Saving Eden ...

Hi, I'm Chloe and I've been a volunteer with Eden Rivers Trust for four years. I started by helping out with crayfish surveys—which I really enjoyed as they are fascinating creatures!

Since then, I have been involved in a wide variety of projects. I have monitored trout and salmon populations, planted trees, and joined in with the Riverfly monitoring project, checking my local river for pollution—all essential to ensuring the future good health of the river.

My children love seeing and learning about mini beasts, so I'm looking forward to getting them down to the river to do some Riverfly monitoring as well—you're never too young to get the volunteering bug!

Why do I volunteer? It's been a chance to meet like-minded people, discover new places in the Eden Valley, and find out more about the river, animals and plants that depend on it and how people's actions are affecting them.



“ A bit of fresh air, paddling in a river investigating fascinating animals is a great way to feel like you are contributing to the upkeep of the natural world and it makes for a really satisfying day! ”

## Help us Save Eden!

Just like Chloe, could you spare some time to help us make a difference to the river and the wildlife that lives on, in, and by it?

Contact Paul Greaves , Volunteer Coordinator for an informal chat about volunteering with us.

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[edenriverstrust.org.uk](http://edenriverstrust.org.uk)

